

## **CSEP-PATH Update Workshop for CSEP Certified Members**

## Certificate of Attendance

It is recognized that **Austin Davenport** has attended the CSEP-PATH Update workshop offered to CSEP Certified Members.

In 2013, the CSEP-Physical Activity Training for Health (CSEP-PATH) was introduced, inciting several changes to the CSEP-CPT scope of practice. The CSEP-PATH is an update and overhaul of the Canadian Physical Activity, Fitness and Lifestyle Approach (CPAFLA) that was last published in 2003. The new CSEP-PATH has a new look and a wealth of new information and features; however, it is still the comprehensive, evidence-based reference tool that the CSEP Certified community has come to expect. The purpose of this update workshop is to highlight the changes to the CSEP-CPT scope of practice, as well as to review the modifications in the pre-screening process, assessment protocols, and behavior modification theory and practice. This workshop is 4 hours in duration.

## You have acquired 10 Professional Development Credits

Workshop Instructor: Jennifer L. Copeland

(Name)

Location: Lethbridge AB

(City, Province)

Date of Delivery: 14/05/26

(YY/MM/DD)

Please keep this Certificate in your records, as it may be required should your membership be audited.